

Consultant A

Approach

Consultant A approach is positive, professional and creative. She supports and challenges clients to step out of their comfort zones and make successful changes. Her particular strength is in raising confidence and motivation and gaining commitment to take action. At HDA she often works with people seeking new challenges in their careers or promotion to leadership positions, exploring options and planning actions.

Brief Career History & Experience

Consultant A has nearly 30 years of business, management, and consulting experience combined with 16 years practice as a coaching psychologist. Through her business experience she has developed a commercial and financial awareness that provides her with a pragmatic appreciation of business issues. Having wide ranging experience of working in public, private and voluntary sector organisations, Consultant A currently works primarily in Higher Education Institutions, Financial Services and Engineering organisations and the Charity sector.

Industry/Sector Experience

- All sectors

Qualifications

- Chartered Occupational Psychologist
- MSc Occupational Psychology
- BSc (Hons) Psychology
- Diploma in Performance Coaching
- Mediation Practitioner's Certificate
- BPS Level A and B (intermediate) Psychometric Assessment

Professional Memberships

- British Psychological Society Division of Occupational Psychology and Founder Membership of the BPS Special Coaching Group
- Registered Coaching Psychologist with BPS
- Founder Member of the Centre for Applied Positive Psychology (CAPP)